



psi

**National Barber and
Cosmetology Programs**

KENTUCKY ESTHETICIAN TEST TAKER GUIDE

*Please refer to our website to check for the most updated information
<https://test-takers.psiexams.com/kycos>*

Powered by  **psi**

Contents

PSI NATIONAL TESTING - GENERAL INFORMATION	2
APPLYING FOR A THEORY TEST	2
NAME CHANGE INSTRUCTIONS	3
TEST PAYMENT AND SCHEDULING	3
KENTUCKY TEST FEES	3
ONLINE REGISTRATION	3
REGISTRATION BY TELEPHONE	5
CANCELING or RE-SCHEDULING	6
LATE CANCELLATION or MISSED TEST	6
TEST TAKER ACCOMMODATIONS	6
THE PSI TEST CENTER EXPERIENCE	6
PSI KENTUCKY THEORY TESTING LOCATIONS	6
KENTUCKY STATE PRACTICAL TESTING LOCATIONS	9
REPORTING TO THE TESTING SITE	9
REQUIRED IDENTIFICATION FOR ENTRY TO THE TEST	9
GENERAL SECURITY RULES AND PROCEDURES	9
ESTHETICIAN THEORY TESTS	10
IDENTIFICATION SCREEN	10
TUTORIAL	10
TEST QUESTION SCREEN	10
EXPERIMENTAL QUESTIONS	11
ESTHETICIAN THEORY TEST	11
ESTHETICIAN THEORY CONTENT OUTLINE	11
ESTHETICIAN TEST REFERENCE MATERIALS	12
THEORY AND PRACTICAL TEST SCORE REPORTING INFORMATION	12
OBTAINING A DUPLICATE SCORE REPORT	13
PSI NATIONAL PRACTICAL TEST- IMPORTANT GUIDELINES	13
PSI NATIONAL PRACTICAL TEST- IMPORTANT GUIDELINES	13
WORKPLACE INFECTION CONTROL PRECAUTIONS	14
WORKPLACE SAFETY PRECAUTIONS	14
KENTUCKY ESTHETICIAN TEST TOPIC ADMINISTRATION ORDER AND TIME	14
PSI NATIONAL ESTHETICIAN PRACTICAL TEST	15
TOPIC AREA: 1 WORKSTATION PREPARATION ♦ 10 minutes	15
TOPIC AREA: 2 BASIC FACIAL ♦ 20 minutes	15
TOPIC AREA: 3 EYEBROW WAXING AND TWEEZING ♦ 20 minutes	16
TOPIC AREA: 4 MAKEUP APPLICATION- 25 minutes	17
TOPIC AREA: 5 WORKSTATION PREPARATION FOR NEXT CLIENT ♦ 10 minutes	18

PSI NATIONAL TESTING - GENERAL INFORMATION

This Esthetician Guide to Testing provides test takers with information about PSI National Tests and application process for an Esthetician test by the Kentucky Board of Cosmetology.

The Kentucky State Board of Cosmetology has contracted with PSI to conduct the National Cosmetology Program (NCP) testing in their state. PSI provides tests through computer-based theory testing sites throughout the state, and state administered practical testing facilities within Kentucky. PSI works closely with the State of Kentucky to be certain that our tests meet local as well as national requirements in basic principles and test development standards.

APPLYING FOR A THEORY TEST

Applicants must have a verified graduation status with the Kentucky Board of Cosmetology to be eligible to sit for a theory test. The Kentucky Board of Cosmetology will provide to PSI the final approval to test list and you will receive an email. Out of State applicants apply by following the applicable link below and pay the endorsement fee to KBC before being released as eligible to test.

For out of state applications please use the following link: [KY - Out of State Exam Application](#)

Applicants must provide a valid personal email address when registering. Please ensure the email address provided will be accessible to the test taker for important communication throughout the testing experience. Multiple applicants or licensees may not share an email address.

Applications require a 2 x 2 passport photo to be uploaded with the registration. Please view the link below for passport photo guidelines.

Passport Photo Guidelines: [Passport Photo Requirements.pdf](#)

PSI WILL NOTIFY THE APPLICANT VIA THE EMAIL ADDRESS PROVIDED WHEN STATUS IS APPROVED.

When applying for testing with the Kentucky Board of Cosmetology, test takers shall register and create an account in the PSI system by visiting <http://test-takers.psiexams.com/kycos>.

Test takers candidate ID is the graduating student permit number or former license number, if licensee is testing after being expired more than 5 years. Out of state endorsement candidates will receive a permit number to register with.

Test takers may access their PSI account and pay all applicable fees and schedule a test.

The Kentucky Board of Cosmetology office cannot provide theory testing center's schedules. PSI provides scheduling for their Kentucky network of theory testing facilities. Test takers may choose locations, times, and pay testing fees from the online menu provided. If at any time the test taker encounters issues or problems with the scheduling process, test takers may call PSI Customer Service at (855)-340-3713.

IMPORTANT INFORMATION

- Once a test taker passes their theory test, that passing score is valid for six (6) months from completion.
- Test takers must pass the theory test prior to applying for the practical test portion.
- Outlined in Senate Bill 14, Nail Technician test takers are required to wait a period of thirty (30) days after a failed attempt to reapply for a retest. This law applies for both the theory and practical portions of the PSI National Nail Technology Test.
- Effective June 26, 2025, per SB 22, all test takers will be permitted to reexamine every 30 days after a failed attempt on either the theory or practical portion of their examination. Test takers will no longer be required to complete the 80-hour refresher course. Test takers will be permitted to reexamine every 30 days after a failed attempt, until the expiration of five years from the date of enrollment. After this five-year period, all previously earned hours will expire. At that point, test takers will be required to reacquire the necessary hours for their field of study and restart the licensure process in accordance with current regulations.
- PSI National Theory tests are now available to Kentucky test takers in English, Korean, Portuguese, Chinese (Simplified), Spanish and Vietnamese.

NAME CHANGE INSTRUCTIONS

If a Test takers name differs on any paperwork, they will need to provide documentation of legal name changes. This may require marriage certificates, or other legal documents, additional documentation may be required if the name has changed multiple times.

TEST PAYMENT AND SCHEDULING

Test takers must pass the National Esthetician Theory test before they may schedule the National Esthetician Practical test.

KENTUCKY TEST FEES

Esthetician Theory Test	\$85
Esthetician Practical Test	\$85

NOTE:

TEST FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE TEST FEE IS VALID FOR 90 DAYS FROM THE DATE OF PAYMENT.

ONLINE REGISTRATION

PSI online registration is fast, easy, and available 24 hours a day 7 days a week! This is the most preferred and convenient to way schedule and pay for a test. Test takers may use this service by going to the PSI web page <https://test-takers.psiexams.com/kycos>

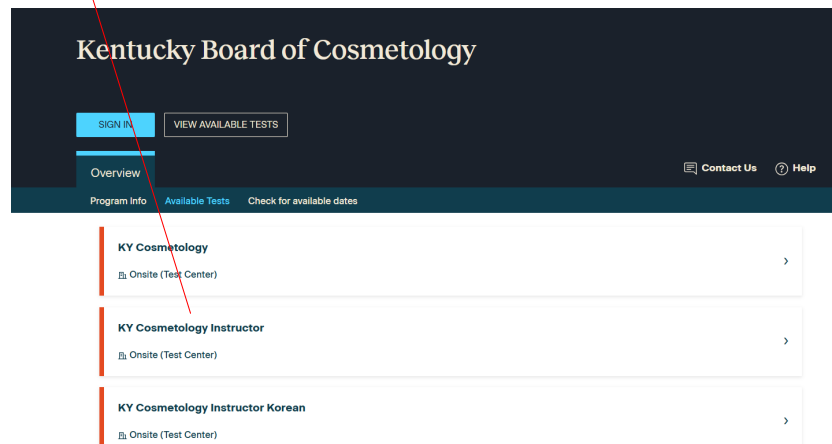
Select “VIEW AVAILABLE TESTS”.

Cosmetology Exams Offered for Kentucky Board of Cosmetology

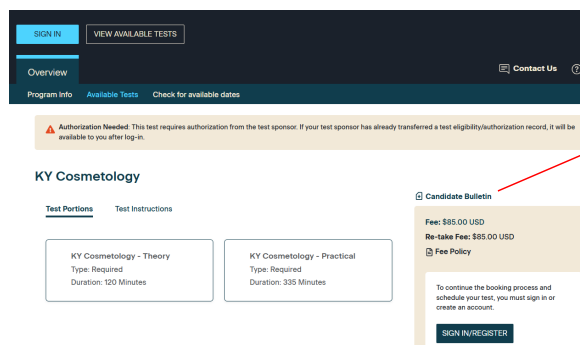
Below is your go-to resource for PSI Cosmetology & Barber National Exams — tutorials, videos, FAQs, and more!

PSI Cosmetology & Barber National Exams | PSI Exams - <https://www.psiexams.com/test-takers/psi-cosmetology-barber-national-exams/>

Test takers scroll to find their “test, language, and administration”



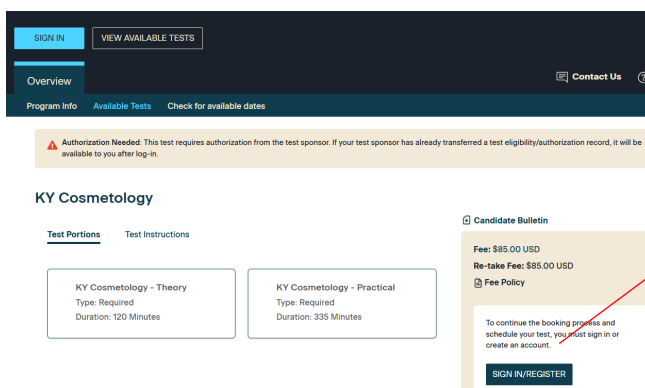
Once testing choices are made, test takers will need to create or sign into their PSI account, pay the test fees, and schedule their online test or test location, date, and time. The Candidate bulletin (“Test Taker Guide TTG”) is found and downloaded from this page.



Follow the easy on-screen directions to pay and schedule for a test.

LOGON TO A CURRENT PSI ACCOUNT OR REGISTER FOR A NEW ACCOUNT

When a test taker selects their test and delivery method, they will be then asked to LOGON/REGISTER



If the test taker has *ever* created an account with PSI they will need to continue with that same account. Please enter the username and password the account was created with.


If the password is lost, test takers may click on the “Forgot Password” to reset their account password. If test takers have difficulty entering their PSI account, please contact PSI Customer Service at (855) 744-0312 and request the assistance of a PSI testing professional. Test takers follow the easy instructions to pay and schedule their test.

Sign In

Sign in to retrieve your **Kentucky Board of Cosmetology** test taker account to schedule tests and access your test information.

Email*

Password*

SIGN IN

[Forgot Password?](#)

Don't have a **Kentucky Board of Cosmetology** test taker account?

CREATE ACCOUNT

Test takers who encounter questions or difficulty with registration, please do not call the Kentucky Board Office as they do not have the information to aid you in the process. Please contact PSI customer services at (855) 340-3713.

REGISTRATION BY TELEPHONE

Test takers may also choose to schedule over the telephone.

- To register by phone requires a valid credit or debit card (VISA, MasterCard, American Express or Discover).
- Call (855) 340-3713, Monday through Friday, between 6:30 AM and 9:00 PM CST, and Saturday-Sunday between 8:00 AM and 4:30 PM CST, to speak to a live Customer Service Representative.

Leaving a voice mail message will **NOT** cancel a test, test takers need to speak to a live Customer Service Representative.

CANCELING OR RE-SCHEDULING

Test takers may cancel and reschedule a test without forfeiting the fee if PSI receives a confirmed cancellation at least **48 hours prior** the scheduled test.

- To cancel a test, use the PSI web page <http://test-takers.psiexams.com/kycos> or call PSI at (855)340-3713, Monday through Friday, between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time, to speak to a Customer Service Representative.

Leaving a voice mail message will **NOT** cancel a test, test takers need to speak to a live Customer Service Representative.

LATE CANCELLATION OR MISSED TEST

Testing fees will be forfeited for the following reasons.

- The test taker *does not cancel the test* at least 48 hours prior the scheduled time.
- The test taker *leaves a voice mail message* to attempt to cancel the test.
- The test taker arrives at the location *after the test start time*.
- The test taker is a *no-show* for the scheduled test.
- The test taker does not present *proper identification* when arriving for the test.
- Reschedule due to the outlined disinfectant and/or hand sanitizer not being present for the test. (See *Kentucky State Board of Cosmetology specific testing rules page 11*)

TEST TAKER ACCOMMODATIONS

ADA Policy Statement: The Kentucky Board of Cosmetology will provide reasonable accommodations in the administering of all licensure examinations for individuals with disabilities who have met the qualifications for examination.

All PSI testing centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and testing accommodations will be made in meeting a test taker's needs. Test takers with disabilities requesting test accommodations must fill out the test accommodation request form [CLICK HERE](#) . Fill in ALL the requested information and upload documentation at the end of the form.

Test takers who require test accommodations, must create an account in the PSI system prior to requesting an accommodation.

THE PSI TEST CENTER EXPERIENCE

Please visit the following link to watch a short video of the PSI Test Center Experience.

<https://psi.wistia.com/medias/3321yp1ic8>

PSI KENTUCKY THEORY TESTING LOCATIONS

The PSI Esthetician Theory test is administered at the testing centers listed below:

Bowling Green

1127 Morgantown Rd,
Bowling Green, KY

Bowling Green Exit (exit #20). Exit onto Natcher Parkway to exit #9. At the top of the ramp, turn left onto Morgantown Road/US-231. Go to the second traffic light and turn right. Bare to the left. KATI is the big glass building next to Wal Mart. Use the entrance on the right side of the building.

Elizabethtown

650 College Street Road, 129RPC
(Regional Postsecondary Bldg., Room 129)

Elizabethtown, KY

Traveling on Bluegrass Parkway-Exit 1B to Interstate 65 South toward Bowling Green-take the Western Kentucky Parkway West Exit 91 Paducah-exit 31W Bypass N-Exit136-Fort Knox-left 1st traffic light-turn College St- Site is on your right. Proceed to room129 Regional Postsecondary Bldg.

From Western Kentucky Parkway-Take 31W Bypass N take Exit136 Fort Knox-Turn left at 1st traffic light-onto College Street Road-From Interstate65 North/South-Take Western Kentucky Parkway West, exit 91 toward Paducah-exit 31W By-Pass North Exit 136-Fort Knox-Turn left at 1st traffic light College St Rd

Florence

500 Technology Way
Florence, KY 41042

Interstate 71. Head south on I-75 South. Take exit 178 for KY-536/Mount Zion Road. Turn left onto KY-536 E/Mt Zion Road. Turn left onto Sam Neace Drive. Take the 1st left onto Technology Way.500 Technology Way Florence, KY 41042.

Lexington

4101 Tates Creek Center Drive
Suite 102
Lexington, KY

From I-75 on Man O War Blvd. to the Tates Creek Rd. intersection. Located in the Tates Creek Shopping Center in H&R Block.

Lexington

163 East Main Street
Barrister Hall Suite 405
Lexington, KY

From the North: Take Interstate 75 South to Exit 115 Newtown Pike. Take Newtown Pike and turn Left onto West Main/West Vine Street. From West Vine turn left onto South Limestone. Turn Right onto West Short Street and proceed between the courthouses and turn right into the paid Parking Lot. Barrister Hall through the rear entrance. Take the elevator to the 4th floor, room 405.

From the South: Take Interstate 75 North to Exit 110 Winchester Road. Take Winchester Road to East Main and turn right onto East Main. Take East Main and turn right onto South Limestone. Turn Right onto West Short Street and proceed between the courthouses. Turn right into the paid Parking Lot. Enter Barrister Hall through the rear entrance. Take the elevator to the 4th floor, room 405.

Parking: Cost for parking is \$5.00 for 1st Hour and \$10.00 for the entire day.

Lexington

4444 Gumbert Rd. Suite B,
Lexington, KY

From US 60: Bypass E/Versailles bypass, turn left onto Lexington Road. Turn right onto Gumbert Rd.

Louisville

University of Louisville, Belknap Campus
2010 South First Street
Davidson Hall Room 310
Louisville, KY 40208

Detailed directions and parking information can be found at: <http://louisville.edu/testing/parking-and-directions>. The Speed Museum Parking Garage is closest to the building & you can bring ticket to testing center for reduced rate.

All other Visitor Parking can be found at <https://louisville.edu/parking/campus-maps> by clicking on Belknap Visitor Map. **NO free parking on campus!** You may GPS 2010 S. First Street, Louisville, KY 40208 for our location or use Google Maps: Davidson Hall if you are being dropped off. 19 verifications can park at the metered parking spots between Information Booth A and our building. Still having problems, call us at 502-852-6606.

Maysville

Maysville Comm and Technical College
1755 US 68
Technical Building Room T202
Maysville, KY

Located on US 68 (West). Approx. 1 mile south of the US 68 and KY 9 (AA Hwy) intersection. There is a traffic light on US 68 at the entrance to the college (2nd traffic light south of the US 68 and KY 9 intersection). Turn at light into the college campus and turn left off the college entrance road once you come to its end. Drive past the lake and park in Parking Lot C (to the rear west of the college). Enter Tech Building (building by Parking Lot C) on the south side (facing the lake). Second floor, room T202 is in the south-west corner of the Tech Bldg.

Middlesboro

100 College Road
1755 US 68
Technical Building Room T202
Middlesboro, KY

From the South: Take US 25E to Middlesboro Ky. Turn right onto 25th St. Turn right onto Worchester Ave. Turn right onto 30th St. Turn left onto College Rd. Destination is on the right

From the North: Take US 25E to Middlesboro Ky. Pass KFC on left. Turn left onto Cumberland Ave. Turn right onto N. 30th St Turn left onto College Rd. Destination on right.

From the West: Take US 119S to Pineville Ky. Turn left onto US 25E to Middlesboro Ky. Turn right onto 25th St. Turn right onto Worchester Ave. Turn right onto 30th St. Turn left onto College Rd. Destination on right

From the East: Head NE on TN-63E to Harrogate Tn. Turn left onto US25E to Middlesboro Ky. Pass KFC Turn left onto Cumberland Ave. Turn right onto 30th St. Turn left onto College Rd. Destination on right

Mount Sterling

709 Airport Road
Montgomery County Airport
Mount Sterling, KY

From the east: Take Exit 113. Turn left and go to Airport Road. Turn right onto Airport Road. Airport road ends in the airport parking. Testing Center is the first brick office building on the right.

From the west: Take Exit 110. Turn right. At the 2nd traffic light, turn right. Turn right onto U.S. 60 West and go to Airport Road. Turn right onto Airport Road. Airport road ends in the airport parking. Testing Center is the first brick office building on the right.

From the south: Take Route 11 to Mt. Sterling bypass and turn left. Proceed to the traffic light and turn left onto US 60 West. Turn right onto Airport Road. Airport road ends in the airport parking. Testing Center is the first brick office building on the right.

From the north: At Flemingsburg, travel on Mt. Sterling Road. At the 2nd traffic light, turn right. Turn right on US 60 west. Turn right onto Airport Road. Airport road ends in the airport parking. Destination is the first brick office building on the right.

Owensboro

1501 Frederica Street
Owensboro, KY 42303

U.S. 431 Head north on Frederica St toward Southtown Blvd. Destination will be on the right.

Paducah

Ermergin Tech Center
4810 Alben Barkley Drive, Room 118
Paducah, KY

Traveling on I-24 toward Paducah get off at Exit 7. Go straight through the intersection onto an exit ramp and get into the left turn lane at the next traffic light. Turn left onto Hwy 62. You will see the campus on your left. You will go past the main campus intersection (with the brick entrance) and go through the next traffic light and make a left into the next street. Turn left into the parking lot of the Emerging Technology Building. Building sits right by the road and beside the Anderson Building.

Somerset

808 Monticello Street
1100 Kermit Drive, Suite 103
Somerset, KY

Take Highway 27 in Somerset to traffic light 16, turn east on SCC Drive and proceed through the four-way stop to Monticello St. intersection. Continue around campus until you reach Meece Strunk parking lot. This is the last lot on left. Park there and proceed to the test center located in the Harold Strunk Learning Resources Bldg. on the west side of campus. Upon entry building signs are posted pointing toward the test center in Room 101.

Note: college and test center may close for inclement weather.

Whitesburg

2 Long Ave.
1100 Kermit Drive, Suite 103
Whitesburg, KY 41858

Traveling from the west: Take KY-15 to Bridge Street. Continue on Bridge Street to Long Avenue and proceed onto 2 Long Avenue to 1100 Kermit Drive.

Traveling from the east: Take US 119 to Bridge Street. Continue on Bridge Street to Long Avenue and proceed onto 2 Long Avenue to 1100 Kermit Drive.

Traveling from the north: Take KY-15 to Bridge Street. Continue on Bridge Street to Long Avenue and proceed onto 2 Long Avenue to 1100 Kermit Drive.

Traveling from the south: Take KY-15 to Bridge Street. Continue on Bridge Street to Long Avenue and proceed onto 2 Long Avenue to 1100 Kermit Drive.

KENTUCKY STATE PRACTICAL TESTING LOCATIONS

The PSI National Esthetician Practical test is administered at the testing centers and days listed below:

Lexington

Hilton Lexington Downtown
369 West Vine Street
Lexington, Kentucky 40507

REPORTING TO THE TESTING SITE

Test takers should arrive at least 30 minutes prior to their scheduled testing start time. This allows time for test takers to sign-in and provide PSI with identification verification and be seated.

Test takers who arrive after the start time, will not be admitted to the testing room, and will forfeit all their testing fee(s).

REQUIRED IDENTIFICATION FOR ENTRY TO THE TEST

Test takers are required to provide 2 forms of identification.

- One I.D. must be a VALID, government issued identification (driver's license, state ID, passport), which bears the test takers name exactly as it appears in the test registration, signature and photograph or a complete physical description.
- The second ID must have the test takers signature and preprinted legal name exactly as it appears on the test takers registration form.

NOTE: A temporary license with the previous ID attached with hole punch, along with another form of ID will be acceptable for Kentucky. Applicant will be required to have the hard copy for purchase of their first time licensure.

Again, all identification must display the test takers name *exactly* as it appears in the test registration form and as registered with the Kentucky Board of Cosmetology.

Test takers who are not able to provide the required identification must call (855)340-3713 at least 21 days prior to the scheduled test, to discuss possible solutions to this test requirement.

Test takers failing to provide all required identification at the time of the test is considered a missed test, and they will be dismissed.

GENERAL SECURITY RULES AND PROCEDURES

The following security procedures will apply during the test:

- Test takers may take only approved items into the testing room.
- All personal belongings of test taker should be placed in the secure storage provided at each site prior to entering the testing room. Personal belongings include, but are not limited to, the following items:
 - **Electronic devices of any type, including but not limited to; cellular/mobile phones, recording devices, watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players or headphones (e.g., iPods), smart watches, radios, or electronic games.**
 - **Bulky or loose clothing or coats:** For security purposes outerwear such as, but not limited to open sweaters, cardigans, shawls, scarves, hoodies, vests, jackets, and coats are not permitted in the testing room. **In the event test takers are asked to remove the outerwear, appropriate attire such as a shirt should be worn underneath.**
 - **Hats or headgear not worn for religious reasons** or as religious apparel are prohibited including but not limited to hats, baseball caps, or visors.
 - **Other personal miscellaneous items**, including purses, notebooks, reference or reading material, briefcases, backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items, etc.
- Although secure storage for personal items is provided at the testing site for convenience, PSI is not responsible for any damage, loss, or theft of any personal belongings or prohibited items brought to, stored at, or left behind at the test site. PSI assumes no duty of care with respect to such items and makes no representation that the secure storage provided will be effective in protecting such items. If prohibited items are found during check-in, test takers will place them in the provided secure storage or leave these items outside the restricted area at their own risk. PSI is not responsible for the security of any personal belongings or prohibited items. Any test taker possessing prohibited items in the testing room shall immediately have their test results invalidated, and PSI shall notify the government officials in the state in detail of the occurrence.

- If a test taker leaves any items at the test site after testing and is not claimed within 30 days, items will be disposed of or donated, at PSI's sole discretion.
- Person(s) accompanying a test taker may not wait in the testing center, inside the building or on the building's property. This applies to guests of any nature, including drivers, children, friends, family, colleagues, or instructors.
- No smoking, vaping, eating, or drinking is allowed inside the testing center.
- During the check in process, all test takers will be asked if they possess any prohibited items. Test takers may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. Proctors will ask to inspect any such items in their pockets. Test takers may also be asked to lift the ends of their sleeves and the bottoms of their pant legs to ensure that restricted items do not enter testing areas.
- Proctors also carefully inspect eyeglass frames, tie tacks, or any other apparel that could be used to harbor a restricted device.
- Any test takers seen giving or receiving assistance on a test, found with unauthorized materials or devices, disrupts the administration of a test or who violates any security rule or procedure, will be asked to surrender all test materials and to leave the testing center. PSI will notify government officials in the state in detail of the occurrence.
- Copying or communicating test content is violation of the test takers contract with PSI, and federal and state law. Either may result in the disqualification of test results and may lead to legal action.
- Once the test begins, test takers may obtain permission from a proctor to leave the testing room if an emergency arises or to use the restroom. Test takers will not receive extra time to complete the test for leaving the testing room for any reason.

ESTHETICIAN THEORY TESTS

The PSI National tests will be administered using a computer, a mouse and computer keyboard.

IDENTIFICATION SCREEN

Test takers will be accompanied to a testing station. Once test takers are seated at their testing station, they will be prompted to confirm their name, identification number, and the test for which they registered.

TUTORIAL

Before a test taker begins a test, an introductory tutorial is provided on the computer screen. The time used to watch the tutorial is not deducted from any test timing. The tutorial takes up to 15 minutes, sample questions are introduced during tutorial so a test taker may familiarize themselves on how questions are written and how to review the answers given.

TEST QUESTION SCREEN

The "function bar" at the top of the test question, provides mouse-click access to any features available while taking the test. During the test, one question will appear on the screen at a time. There is also a timer feature that at the top of the screen that displays the time a test taker has remaining to complete the test.

Note:

Once a test taker has entered a response to a question, the system will allow the response to be changed anytime the test is active. Once a test taker signs out of a test or timing expires; this feature will no longer be available.

 Mark
  Comments
  Goto
  Help
  End

Question: 3 of 40 Answered: 2 Unanswered: 1 Marked: 0 View: All Time Left(Min): 359

3. What do the stars on the United States of America's flag represent?

(Choose from the following options)

1. Presidents
 2. Colonies
 3. States
 4. Wars

<< Back Next >>

EXPERIMENTAL QUESTIONS

In addition to the number of test questions specified in the "Test Content Outline". There are a small number of "experimental questions" may be administered to test takers during the tests. There are typically at least five (5) experimental questions on a test. The results of these questions not included in the final test takers score. Administration of such unscored experimental questions is an essential step in developing future PSI tests.

ESTHETICIAN THEORY TEST

The test content outline is prepared and is periodically updated by committees of professionals who are subject matter experts in Esthetics, Esthetician instruction, or regulatory issues. The test content outline identifies areas of importance to licensees for them to perform their duties on the public in a competent and in a safe and responsible manner.

The content outline lists topics that are on the test and the number of questions for each topic. We advise test takers not schedule a test until they are familiar with the topics on the outline. Test takers may use this outline as a guide as well as the test references as a guide for a pre-test review.

ESTHETICIAN THEORY CONTENT OUTLINE

The following content outline lists the topics that are on the test and the number of questions for each topic. We recommend not scheduling a test until a test taker is familiar with all topics in the outline. The Esthetician test consists of 75 scored questions and 10 non-scored experimental questions. Test takers will have 90 minutes (1.5 hours) to complete the test.

Topic Name	Weight
1. Safety and Infection Control	40%
A. Workplace Infection Control Procedures	
1. Infectious diseases, pathogens, and exposure prevention	
2. Methods and procedures for cleaning and disinfection	
a. Contaminated tools	
b. Machines and equipment	
c. Daily workstation	
3. Levels of decontamination (i.e., cleaning, disinfection, sterilization)	
4. Procedures for exposure incidents (e.g., Standard/Universal Precautions, OSHA, CDC)	
5. Products to be used for cleaning and disinfecting	
6. Labeling and storage of cleaned and disinfected tools and equipment	
7. Single- and multi-use items and materials	

B. Workplace Safety Precautions	
1. Procedures for maintaining safe working conditions	
2. Safe water temperature	
3. Safe use of equipment and maintenance procedures	
4. Labeling and storage of materials and chemicals	
5. Safety Data Sheets (SDS) and prohibited materials and substances	
6. Federal safety regulations (e.g., OSHA, EPA, FDA)	
7. Identifying adverse reactions to chemicals	
8. Protective chemical barriers and draping for clients	
9. Proper ventilation	
10. Electrical safety	
2. Client Consultation and Skin Analysis	19%
A. Client Consultation	
1. Client intake and consent form procedures to determine possible contraindications	
2. Declining or altering service based on contraindications	
3. Recommendation client seek a medical opinion	
B. Skin	
1. Skin structure	
2. Skin analysis	
3. Selection of appropriate services based on condition of skin	
C. Adverse Reactions, Diseases, Contraindications	
1. Allergic reaction (patch) test procedures	
2. Skin diseases and disorders	
3. Signs of adverse reactions to products during and after service	

3. Skin Care	17%
A. Massage	
1. Safe facial massage movements	
B. Preparation, Products, and Services	
1. Preparing client for skin care services	
2. Use of different skin care products	
C. Skin Care Safety	
1. Safe procedures for performing facial services	
2. Safe procedures for chemical and mechanical exfoliation	
3. Safe use of skin care tools, machines, and devices	
4. Safe application and removal of hot towels	
5. Safe product use and application for all skin conditions	

Topic Name	Weight
4. Makeup	3%
A. Makeup Safety and Hygiene	
1. Safe makeup application and removal procedures (e.g., bracing techniques)	
2. Hygienic makeup application and removal procedures (e.g., disposable applicators, artist palette)	
5. Eyelash and Eyebrow	6%
A. Eyelash and Eyebrow Safety	
1. Safe application and removal of eyelash enhancements	
2. Safe application procedures for chemical eyelash services	
B. Products and Procedures	
1. Safe use of eyebrow and eyelash tinting products	
2. Safety procedures for artificial eyelash adhesive and remover products	
6. Hair Removal	15%
A. Hair Removal Safety	
1. Safe hair removal using waxing and sugaring	
2. Safe hair removal using tweezing and threading	
3. Tools, supplies, and products for hair removal	
B. Infection Control (e.g., cross-contamination, wearing gloves)	
C. Contraindications to Hair Removal Services	

ESTHETICIAN TEST REFERENCE MATERIALS

This test is CLOSED BOOK.

The reference materials listed below were used to develop the questions for this test.

Pivot Point Fundamentals: Esthetics, (101E - 111E); ©2022 Pivot Point International, Inc.
1st Edition, 3rd Printing, September 2022
ISBN 978-1-951862-26-8 (Coursebook set)
Pivot Point International, Inc.
<https://www.pivot-point.com/shop/>
Contact: info@pivot-point.com
847-866-0500

Milady Standard Foundations with Standard Esthetics: Fundamentals. 12th Edition, April 2019. ISBN:
978-0-357263-79-2
Milady www.miladypro.com Customer Service: info@milady.com 800.998.7498 ext. 2700

Other References;

The Institute of Epidermal Cell Therapy Skills book: 6th Edition rev_2019-12-24 (1) School of Esthetics and Research <https://www.epidermalinstituteofcelltherapy.com>

THEORY AND PRACTICAL TEST SCORE REPORTING INFORMATION

- Test takers must score at least 70% to pass the Esthetician theory test.
- Test takers must score at least 70% to pass the Esthetician practical test
- Test Scores will be emailed to the test taker within 24 hours of completion of their test.
- Test scores WILL NOT be provided at the testing facility and WILL NOT be verified or released over the phone.

To better prepare for the PSI National Esthetician Theory test, test takers can now review by taking an online practice test. Practice tests are intended to aid test takers with example test questions. The purpose is to familiarize a test taker with the general types of questions that will appear on an Esthetician test. Though questions are based on cosmetology, these questions are NOT a substitute for education and study. Scoring well on the practice test also will not guarantee a positive outcome on the actual licensing test. This is the ONLY official PSI practice test; PSI does not recognize nor endorse any other study guides that may be offering information on the PSI National Cosmetology Program. The PSI practice tests are offered to review an unlimited number of times; however, a fee is assessed for each time the test is utilized for review. Go to <https://www.psionlinestore.com> for more information and to register!

OBTAINING A DUPLICATE SCORE REPORT

To request a duplicate score report test takers may contact PSI Customer Service at (855)340-3713.

PSI NATIONAL PRACTICAL TEST- IMPORTANT GUIDELINES

For practical test questions or concerns, we recommend test takers and instructors contact PSI Customer Service at (855)340-3713. Prior to registration, test takers should familiarize themselves with the following instructions to be properly prepared for a test.

PSI NATIONAL PRACTICAL TEST- IMPORTANT GUIDELINES

For practical test questions or concerns, we recommend test takers and instructors contact PSI Customer Service at (855)340-3713.

Test takers should familiarize themselves with the following instructions to be properly prepared for the test, prior to registration.

Kentucky State Board of Cosmetology specific testing rules:

Please take note:

The state of Kentucky requires the following supplies and equipment to test. If the test taker is not in compliance with any of the following requirements, the test taker will be dismissed from the test session and required to reschedule and pay for a future test.

- The test taker must provide **TWO (2) forms** of valid, and current (non-expired) Identification.
 - The primary Identification **MUST** be government issued, signed, and display a photo.
 - The secondary Identification may include a passport or national identity card, Social Security Card, bank card, etc.
- **Test taker dress code.** The test taker will wear a full set (top and bottoms) of medical scrubs, solid color, not white. No name or school name may be visible. **White colored scrubs or any other clothing is prohibited.**
- **A qualified disinfectant wipe** displaying bactericidal, virucidal, and fungicidal properties is required to enter the test. All three properties are required to be listed on the manufacturers label. **Absolutely NO sprays or aerosols are allowed in the test.**
- **A container of hand sanitizer** with a manufacturers label attached is required for the practical test.
- **A manikin head is required** - no school or student name can be visible on any testing supply, product or equipment.
- **A full manikin hand is required** for any nail topic - stuffed gloves, individual fingers, or detachable fingers are prohibited in the test.
- **Monomer** (if required for test) A complete manufacturer label listing all ingredients including the type of methacrylate must be attached to the original sealed container. The product must be listed as odorless, with an intact manufacturers safety seal.
- **Absolutely NO electronic items** are permitted in the testing area. This includes, however, is not limited to items such as cell phones, smartwatches/exercise bands, digital sound recorders, mp3 players, cameras etc.
- **Test takers who become disruptive** at any time will be required to leave the center and reschedule their practical test at their own expense.
- **LATE ARRIVALS** will not be admitted to the test. The test taker will need to reschedule for another session.

General rules for testing:

- During the practical test, test takers must follow all appropriate rules for client protection that will ensure the health, safety, and welfare of the public.
- A proctor will be monitoring time during the test. Personal timers are not allowed in the testing room. Test takers will not receive a score for any activities not completed within the allotted topic area time limits. When the proctor gives an instruction to “Please stop working”, test takers are to immediately stop what they are doing, stand quietly, and wait for the next instruction to be given.
- Test takers are required to prepare and bring a closable container (“supply kit”), with all products, supplies, and equipment necessary to perform the topic areas included in this test. The container dimensions should not exceed 24”x24”x24” in size.
- Test takers are required to bring to the test, two containers to dispose of used items. One marked “Single-use” and one marked “multi-use”. All items used in the test are categorically disposed of in one of these containers.

- Products that are not grouped as “dangerous chemicals” by OSHA and are required to be listed on an actual business SDS sheet, may be fictitious with a self-created or actual label attached. Some other substance may be used inside the container to simulate a product.
 - Chemical products that are required be listed on SDS sheets in an actual business, are required to be used from the original container with an original manufacturers label attached or in a container with the manufacturers label attached.
 - Labeling on products must be in large print, legible and clearly visible for the evaluator to observe.
 - Test takers may not observe other test takers during the test. PSI views and responds to this behavior as form of cheating. The test taker will be warned up to and including dismissal from the test. Please focus on individual tasks and do not depend on viewing the performance of other test takers to be successful.
 - Test takers’ name and/or school names are to be covered on their person and supplies while in the test.
- * The number one safety rule in our industry is: “Following Instructions”. There is no necessary or required style or technique a school needs to teach, or a test taker needs to perform. All topic areas are observed in the manner a Esthetician would normally complete a task. Tasks should be taken seriously and performed as instructed in the test and to the highest skill level they are capable. Scores are based on the test taker displaying a solid knowledge of workplace Infection Control and Safety Precautions.

WORKPLACE INFECTION CONTROL PRECAUTIONS

Test takers need to be familiar and follow all workplace infection control precautions. Here are some examples of the expectations of the test as well as an everyday business to familiarize a test taker with some of the industries infection control standards.

- Cleaning hands before starting a service. Knowing when hands become contaminated and keeping them clean as to not infect a client.
- Knowledge of single-use and multi-use items and how to dispose of them properly.
- Disinfecting workstation surfaces and keeping them from becoming contaminated. If a worksurface Keeping the supply kit from becoming contaminated, such as: returning items to the kit, leaving a kit open or otherwise contaminating a kit. The supply kit represents a clean and disinfected storage in an Esthetician’s workstation and should be treated as such.
- becomes unhealthy a test taker has the knowledge to know when they would require the station to be cleaned and disinfected.
- Knowing how to use and dispense products without contamination. For example, double dipping, or any other cross contamination with the skin or worksurfaces.
- Keeping clients from becoming contaminated by the esthetician.
- Keeping containers being used from contamination.
- Making sure our tools are clean and disinfected.
- If body fluid become present during a service (i.e., blood, vomit, feces, etc.), how we deal with the situation without contaminating ourselves and others.

WORKPLACE SAFETY PRECAUTIONS

Test takers also need to be familiar and follow all workplace safety precautions. Here are some examples of the expectations of the test as well as an everyday business to familiarize a test taker with some of the industry safety standards.

- Estheticians must know and have a working understanding of workplace safety regulations issued by federal and state regulatory entities.
- Cross-contamination of chemicals and products on the workstation.
- Chemical mixing procedures, storage of chemicals and SDS sheets.
- Keeping the workstation safe from injury, cleaning up spills and picking up dropped items. Reducing a slip and fall or tripping incidents.
- Making certain tools and equipment are in safe working order, no frayed or exposed wires, rusty metals, etc.
- Tools and equipment are used in a safe manner.

PSI NATIONAL ESTHETICIAN PRACTICAL TEST TOPIC ORDER

TOPIC AREA: 1	WORKSTATION PREPARATION	10 MINUTES
TOPIC AREA: 2	BASIC FACIAL	20 MINUTES
TOPIC AREA: 3	EYEBROW WAXING AND TWEEZING	20 MINUTES
TOPIC AREA- 4	MAKE UP APPLICATION	25 MINUTES
TOPIC AREA- 5	WORKSTATION PREPARATION FOR NEXT CLIENT	10 MINUTES

PSI NATIONAL ESTHETICIAN PRACTICAL TEST RATING CRITERIA

Test takers must score at least 70% to pass the PSI National Esthetician Practical test.

The following information will be used by evaluators to grade test taker performance during the practical test. Please read and follow the instructions as listed.

- The practical test is approximately 85 minutes in length.

PSI NATIONAL ESTHETICIAN PRACTICAL TEST

INSTRUCTIONS:

We would like to welcome you to the PSI National Practical Test. Electronics of any kind are strictly prohibited in the testing facility. Please raise your hand if you have any of these restricted devices in your possession so we may address your situation. If any test taker is found possessing any prohibited items in the testing facility, PSI will stop your test, and you will be required to leave the testing facility immediately and a report on your actions will be submitted to your governing authorities.

Test takers are responsible for providing all necessary equipment and supplies needed for the performance of their practical test. Test takers are not permitted to assist other test takers in any way. Test takers are evaluated at all times throughout the test for public health and safety.

If you have an emergency or need to use the restroom during the test, please raise your hand for assistance in leaving the testing area. You will be required to sign out and sign back in when returning. Keep in mind the time will continue to elapse and any instructions you miss will not be repeated. Only one test taker may leave the area at a time, please return as quickly as possible.

The prompter will read instructions for each topic area, and the evaluator will facilitate the timing for each topic area and supervise the test. You are not allowed to speak or ask questions pertaining to the test content. A Certified Practical Evaluator is responsible for observing and scoring test takers' performance and is not allowed to converse with test takers except to provide instruction when required in specific demonstrations within the topic areas. You are each provided with a Red Book to read along with the instructions in your language. Please do not touch or turn the pages in the Red Book, however, feel free to re-read the instructions for the topic as needed to understand the tasks. Evaluators are only permitted to answer general questions that are not directed to the test content.

Are there any questions about the instruction you have been given?

TOPIC AREA: 1 WORKSTATION PREPARATION ♦ 10 MINUTES

INSTRUCTIONS:

We will begin with the evaluation of a Daily Workstation Preparation. 10 minutes will be provided to prepare your daily workstation. The proctor will announce when there are 5 minutes left to finish. When you complete your tasks, please stand quietly. You may start; timing begins now.

EVALUATION:

- 1.1 Prepares daily workstation
- 1.2 Adheres to workplace infection control precautions
- 1.3 Adheres to workplace safety precautions

INSTRUCTION:

- There are 5 minutes left to finish.
- Please stop and stand quietly.
- Please stop working, the timing has ended.
- All scoring has been completed. We will now continue to the next Topic Area.

TOPIC AREA: 2 BASIC FACIAL ♦ 20 MINUTES

INSTRUCTIONS:

This evaluation is **Basic Facial**. 5 minutes will be provided to set up your workstation and prepare your client for a basic facial. The proctor will announce when there are 2 minutes left to finish. When you complete your tasks, please stand quietly. Start your preparation, timing begins now.

EVALUATION:

- 2.1 Prepares basic facial workstation
- 2.2 Adheres to workplace infection control precautions
- 2.3 Adheres to workplace safety precautions
- 2.4 Prepares client for a basic facial
- 2.5 Adheres to workplace infection control precautions
- 2.6 Adheres to workplace safety precautions

INSTRUCTION:

- You have 2 minutes left to finish.
- Please stop working, the timing has ended.

INSTRUCTIONS:

10 minutes will be provided to complete a basic facial. The proctor will announce when there are 5 minutes left to finish. When you complete your tasks, please stand quietly. Start your basic facial, timing begins now.

EVALUATION:

- 2.7 Demonstrates a basic facial using a towel steam process
- 2.8 Adheres to workplace infection control precautions
- 2.9 Adheres to workplace safety precautions

INSTRUCTION:

- There are 5 minutes left to finish.
- Please stop working, the timing has ended.

INSTRUCTIONS:

We will now continue the basic facial. 5 minutes will be provided to clean off your basic facial workstation. The proctor will announce when there are 2 minutes left to finish. When you complete your tasks, please stand quietly. You may start; timing begins now.

EVALUATION:

- 2.10 Cleans up basic facial workstation
- 2.11 Adheres to workplace infection control precautions
- 2.12 Adheres to workplace safety precautions

INSTRUCTION:

- You have 2 minutes left to finish.
- Please stop working, the timing has ended.
- All scoring has been completed. We will now continue to the next Topic Area.

TOPIC AREA: 3 EYEBROW WAXING AND TWEEZING ♦ 20 MINUTES

INSTRUCTIONS:

This evaluation is **Eyebrow Waxing and Tweezing**. 5 minutes will be provided to set up your workstation and prepare your client for an eyebrow wax and tweezing. The proctor will announce when there are 2 minutes left to finish. When you complete your tasks, please stand quietly. Start your preparation, timing begins now.

EVALUATION:

- 3.1 Prepares workstation for eyebrow wax and tweezing
- 3.2 Adheres to workplace infection control precautions
- 3.3 Adheres to workplace safety precautions
- 3.4 Prepares client for eyebrow wax and tweeze
- 3.5 Adheres to workplace infection control precautions
- 3.6 Adheres to workplace safety precautions

INSTRUCTION:

- You have 2 minutes left to finish.
- Please stop working and stand quietly.
- Please stand quietly and wait for the Evaluator.

Please stand quietly and wait for the evaluator. **Note: Evaluator will observe and score each test taker one-on-one.**

EVALUATOR INSTRUCTION:

Please complete a waxing procedure on one eyebrow, begin now.

EVALUATION:

- 3.7 Demonstrates an eyebrow wax procedure using simulated soft wax
- 3.8 Adheres to workplace infection control precautions
- 3.9 Adheres to workplace safety precautions

EVALUATOR INSTRUCTION:

Please complete a tweezing procedure on three (3) hairs, begin now.

EVALUATION:

- 3.10 Demonstrates a tweezing procedure on three (3) hairs
- 3.11 Adheres to workplace infection control precautions
- 3.12 Adheres to workplace safety precautions

EVALUATOR INSTRUCTION:

Please stop and stand back quietly.

You have completed your demonstration. Please stand quietly.

INSTRUCTIONS:

We will now continue the eyebrow waxing and tweezing. 5 minutes will be provided to clean-off your eyebrow waxing and tweezing workstation. The proctor will announce when there are 2 minutes left to finish. When you complete your tasks, please stand quietly. Start you clean-up, timing begins now.

EVALUATION:

- 3.13 Cleans up eyebrow waxing and tweezing workstation
- 3.14 Adheres to workplace infection control precautions
- 3.15 Adheres to workplace safety precautions

INSTRUCTION:

- You have 2 minutes left to finish.
- Please stop working, the timing has ended.
- All scoring has been completed. We will now continue to the next Topic Area.

TOPIC AREA: 4 MAKEUP APPLICATION - 25 MINUTES**INSTRUCTIONS:**

This evaluation is **Makeup Application**. 10 minutes will be provided to set up your workstation and prepare your client for a makeup application. The proctor will announce when there are 5 minutes left to finish. When you complete your tasks, please stand quietly. Start your preparation, timing begins now.

EVALUATION:

- 4.1 Prepares workstation for makeup application
- 4.2 Adheres to workplace infection control precautions
- 4.3 Adheres to workplace safety precautions
- 4.4 Prepares client for makeup application
- 4.5 Adheres to workplace infection control precautions
- 4.6 Adheres to workplace safety precautions

INSTRUCTION:

- You have 5 minutes left to finish.
- Please stop working, the timing has ended.

INSTRUCTIONS:

10 minutes will be provided to complete a makeup application. The proctor will announce when there are 5 minutes left to finish. When you complete your tasks, please stand quietly. Start your Makeup Application, timing begins now.

EVALUATION:

- 4.7 Transfers makeup to palette
- 4.8 Adheres to workplace infection control precautions
- 4.9 Adheres to workplace safety precautions
- 4.10 Uses applicators
- 4.11 Adheres to workplace infection control precautions
- 4.12 Adheres to workplace safety precautions

INSTRUCTION:

- You have 5 minutes left to finish.
- Please stop working, the timing has ended.

INSTRUCTIONS:

We will now continue the makeup application. 5 minutes will be provided to clean-up your makeup application workstation. The proctor will announce when there are 2 minutes left to finish. When you complete your tasks, please stand quietly. Start your clean-up, timing begins now.

EVALUATION:

- 4.13 Cleans up makeup application workstation
- 4.14 Adheres to workplace infection control precautions
- 4.15 Adheres to workplace safety precautions

INSTRUCTION:

- You have 2 minutes left to finish.
- Please stop working, the timing has ended.
- All scoring has been completed. We will now continue to the next Topic Area.

TOPIC AREA: 5 WORKSTATION PREPARATION FOR NEXT CLIENT ♦ 10 MINUTES

INSTRUCTIONS:

This evaluation is a daily Workstation Preparation For Next Client. 10 minutes will be provided to prepare your daily workstation for the next client. The proctor will announce when there are 5 minutes left to finish. When you complete your tasks, please stand quietly. You may start; timing begins now.

EVALUATION:

- 5.1 Completes clean-up of workstation for next client
- 5.2 Adheres to workplace infection control precautions
- 5.3 Adheres to workplace safety precautions

INSTRUCTION:

- You have 5 minutes left to finish.
- Please stop and stand quietly.
- Please stop working, the timing has ended.
- All scoring has been completed. The test timing is complete.

FINAL INSTRUCTIONS:

This concludes your PSI National Practical Test. Please make certain your floor is clear of debris, and your workstation has been cleaned with disinfectant. Clear your work area of all the items you have brought into the room. Return all trash and supplies to your kit to carry out with you, when you are finished, raise your hand, and wait for the proctor to sign off your work area. Test takers begin your test clean-up.

EXITING INSTRUCTIONS:

PSI would like to thank you for coming today. You will receive your score report via email within 48 hours. Please direct any questions about your results to the email address or phone number listed on your score report. We cannot answer any questions about the test or your test results. Have a great day, you are excused.